



**Parent Child Interaction Therapy  
get the following reviews:**

“Our child will now ask permission for things  
and will follow through with requests.”

“He uses his words when he is upset.”

“I’m much more patient with my child.”

“I have learned different forms of discipline I  
can use in various situations.”

“PCIT has helped reduce stress levels in our  
family.”

“My child is calmer than before we began  
PCIT.”



**Lincoln County Health and Human Services**  
Child and Family Program  
36 SW Nye Street  
Newport, OR 97365



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**Lincoln County  
Mental Health  
Parent Child  
Interaction  
Therapy Program**





## Parent Child Interaction Therapy

Parent Child Interaction Therapy (PCIT) is a short-term, specialized behavior management treatment that has been shown to reduce children's disruptive behavior and improve the parent child relationship.

Parents and children go through a series of sessions with a qualified therapist who helps the parent reinforce correct behaviors of their child while the parent and child are engaged in play.

PCIT works with the child and parent together to improve overall behavior and to reduce parenting stress.

PCIT is offered to families with children 2-7 who do not have OHP and who would otherwise not be able to get this treatment. It is also available to families with OHP

## Goals of PCIT:

- Improve the parent-child relationship.
- Improve your child's minding and listening.
- Increase your child's ability to manage frustration and anger.
- Increase you child's appropriate social skills
- Improve your child's attention skills.
- Build your child's self-esteem.
- Build parent's self-confidence.



## How can I access these Services?

For more information or to apply for services, contact:



LINCOLN COUNTY  
HEALTH & HUMAN SERVICES

Child and Family Program

Located in:

### NEWPORT

36 SW Nye Street  
Newport, OR 97365  
(541) 265-4179  
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Hearing Impaired Dial 7-1-1

### LINCOLN CITY

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