



Prepared parents. Healthy families.

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Healthy families and prepared parents don't just happen, they are created by your efforts! Learning about how kids grow and develop; where to find childcare, making sure your family is healthy and strong is what the Pollywog team can help you do!

**Call or visit our website.**

541.917.4884  
[pollywogfamily.org](http://pollywogfamily.org)