

DEVELOPMENT AND LEARNING

Everyone wants to have a healthy baby and be a good parent—but babies don't come with a user manual.

Partners for a Healthy Baby is one of the most widely used home visiting curricula across the world

Partners for a Healthy Baby curriculum is a research-based parenting curriculum developed by experts in obstetric medicine, early childhood development, psychology, infant mental health, social work, and early intervention.

The Partners for a Healthy Baby curriculum has been successfully used by home visiting programs to achieve positive outcomes as documented in numerous studies.

Findings Include:

- Decreased incidence of low birth weight deliveries
- Fewer small-for-gestational-age babies
- Increased rates of up-to-date immunizations and enrollment in a medical home
- Significantly greater likelihood mothers will read to their children
- Improved child development outcomes
- Reduced rates of maternal depression and increased rates of breastfeeding



Early Head Start Home Based Program enhances the lives of children and families through comprehensive services.

HOW OUR PROGRAM CAN HELP YOU

- Prepare for the successful birth of your baby
- Enrich your child's development through early learning
- Learn how to provide your child with a healthy and safe environment
- Reach family goals for success and independence
- Build confidence while learning more about yourself and your community

TS GOLD ASSESSMENT TOOL

Parents can share pictures or videos of their child's developmental milestones to partner with the Home Based Educator in their child's developmental growth.

Families will receive informational handouts to help support the family and the child's development

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This institution is an equal opportunity provider

EARLY HEAD START HOME BASED PROGRAM



Building the Foundation in Early Childhood Education

in Linn and Benton counties through
Comprehensive Home Based Services for
Children Birth to 3 years old and Expectant Mothers.

Kids and company of lincoln county



KIDCO HEAD START

strong children. strong families. strong communities.



WHAT IS THE EARLY HEAD START HOME BASED PROGRAM?

The Early Head Start Home Based Program is a comprehensive education program, designed to meet the needs of low income families of children from birth to age three and pregnant mothers. Early Head Start is aimed at enhancing the development of infants and toddlers while strengthening families.

Our Mission is:

- To enhance the development of children birth to three and promote school readiness
- To promote healthy prenatal outcomes for pregnant women
- To promote healthy parenting and parent self sufficiency

WHO DO WE SERVE?

Early Head Start Home Based Program serves

- Children Birth to Age 3 years who meet the Federal Poverty Guidelines
- Pregnant Women
- Infants and Toddlers with disabilities
- Foster Children
- Homeless Children

OUR SERVICES

Early Head Start Home Based Program provides quality early childhood education with parents and children through interactive child development activities during:

Weekly Home Visits: Home Visitors provide educational experiences with children and parents in the home, 90 minutes per week. Early Head Start supports parents in their roles as their child's first and most important teacher.

Playgroup: Parent and children attend playgroups twice a month. Playgroups are a time when parents and children participate in age appropriate child development activities that help children to develop new skills.

When home visits and playgroups are not permitted to be done in person, they will be held virtually

Comprehensive Services: Early Head Start provides wrap around supports to parents and children in the areas of Education, Health, Nutrition, Mental Health, Disabilities and Social Services.

Prenatal Home Visits: Home Visitors provide educational prenatal visits with pregnant mothers weekly. Home visits focus on fetal development, health and nutrition; breastfeeding; labor and delivery; and postpartum care.

WE PROVIDE

- Individualized Lesson Planning
- Health and Nutrition Screening
- Social Emotional Screening
- Early Intervention Referrals and Linkages
- Social Services Referrals and Linkages
- Mental Health Support and Linkages
- Family Goal Planning
- Parent Education
- Inclusive of Children with Disabilities



PARENT INVOLVEMENT

Parent Involvement is an integral part of the success of Early Head Start.

Parents in Early Head Start take a leadership role by participating on various committees:

- Decision makers
- Program planning
- Leadership training
- Partnership with staff

WHO CAN REFER?

- Personal Referrals
- Prenatal Clinics and Hospitals
- Community Providers
- Clergy
- Local County and State Government
- School Personnel
- Homeless Shelters
- Other Social Service & Child Care Agencies