

Relief Nurseries in Linn, Benton, and Lincoln Counties

Parenting can be a challenge for anyone! It is hard to parent on a good day, and when a family is experiencing high stress and a lack of support, parenting is made even more difficult.

Relief Nurseries work to strengthen at-risk families and promote the health and safety of children by offering a range of services that support children, parents, and the whole family. All Relief Nursery services are voluntary and provided at no charge to eligible families.

Relief Nurseries offer:

Parenting Education

Parenting education and support are offered to all parents served by the Relief Nursery through home visiting and support groups. Parents learn the skills and tools to raise healthy, happy kids.

Outreach and Home Visiting Services

Relief Nurseries work with parents to find resources and develop skills to keep their children safe, become self-sufficient, and build healthier relationships.

Available services may include:

- Crisis intervention and support
- Mental Health Referrals
- Connections to Medical Insurance and Services
- Basic needs (food, diapers, clothing)
- Connections to community resources



Therapeutic Early Childhood Program

Therapeutic classrooms provide an opportunity for children ages 0-5 years to learn and develop with the support of highly trained staff. Teachers help children learn that they can solve problems, regulate their feelings, develop friendships with other children, and build the skills needed for success in preschool and kindergarten. Families receive monthly home visits with their child's teacher.

During the home visit, teachers will bring activities and ideas to help parents teach and guide their children and create a safe and nurturing home. This is also a time for parents and teachers to address needs and concerns, ask questions and share information. The home visiting teacher can connect a family with resources to help them build safety and stability.

Respite Care

Families who receive Outreach and Home Visiting services are also offered respite opportunities. Respite care allows parents to drop their children off for a therapeutic classroom or childcare session while attending other activities.

Other Services

Most Relief Nurseries offer transportation support for children to attend classes and respite and parent education.

Relief Nurseries also have a resource closet that gives parents access to resources like child clothes, emergency food, and household supplies.



Relief Nurseries in Linn, Benton, and Lincoln Counties

Family Tree Relief Nursery

Main office: 1305 Hill Street SE, Albany
Classroom: 145 W Ash Street, Lebanon
Classroom: 930 SW Queen Avenue, Albany

Call 541-967-6580,
or email dbarclay@familytreern.org
Hablamos Español



 [Pollywog Facebook](#)

 [Pollywog Website](#)

 [Pollywog Instagram](#)

 [Pollywog YouTube](#)

Old Mill Center for Children and Families

Main Office: 1650 SW 45th Place Corvallis
Classroom: 604 Dragon Drive, Monroe

Contact Lindsay Myers, Relief Nursery
Program Manager at 541-757-8068,
or email contact@oldmillcenter.org
Hablamos Español



Old Mill Center for Children & Families

Olalla Center

Main Office: 321 SE 3rd Street, Toledo

Contact Reilly Rice, Relief Nursery Program
Coordinator at 541-336-2254,
or email info@olallacenter.org
Hablamos Español



Olalla Center

Pollywog Family
6500 Pacific Blvd. SW, LM-132
Albany, OR 97321

541-917-4884, pollywog@linnbenton.edu

Copyright © Pollywog 2017, All rights reserved.