



PARENTING TODAY FORWARD: FOUNDATIONS

You are invited...

...to join us for a FREE parenting class and support group that focuses on families and caregivers of children and teens struggling with difficult behaviors, such as:

- Getting frustrated quickly
- Hurting themselves or others
- Acting out at home or school

To register, please call our office at **(541) 570-0284** or visit our website at: one2another.net/register.

Child activities may be provided in some locations.

We have an open-door policy, so please join us when you can.

Sponsored by One2Another

In partnership with Linn County Mental Health

**Coming to your
community!**

Albany:

Starts: June 16th

Time: 12:15-2:15

Where: First United
Methodist Church
1115 28th Ave SE Albany

Lebanon:

Starts: June 14th

Time: 9:30am-11:30am

Where: Church of the
Nazarene
600 W. D St.

Sweet Home:

Starts: June 14th

Time: 12:30pm-2:30pm

Where: River of Life
1658 Long St.



One2Another

1113 Hill St SE Ste. K

Albany, OR 97322

Tel: (541) 570-0284

Web: one2another.net