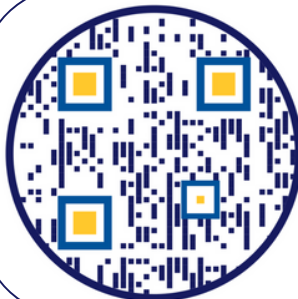




**Contact Pollywog to
get referred to a
Family Connects nurse
in your county.**



Scan me!



**Pollywog is located in the
Family Resource & Education Center
Linn-Benton Community College
6500 Pacific Blvd, SW, LM-132
Albany, OR 97321**

541.917.4884

pollywog@linnbenton.edu



Prepared parents. Healthy families.

pollywogfamily.org



OREGON

Linn, Benton, Lincoln Counties



**Connecting every child
to a healthy future**

**Welcoming a new baby
is a big change and
Family Connects
can help!**

How Does It Work?

THREE WEEKS

Visits are scheduled around 3 weeks after birth

REGISTERED NURSE

All visits are made by highly-trained nurses

NO COST TO RECIPIENTS

As an eligible recipient, you will not be charged

FOR ALL

Helping all families regardless of income or background

What To Expect At a Home Visit

Family Connects nurses are trained to answer all kinds of questions and are knowledgeable about the wealth of resources in our community. The program provides up to three home visits to families with a newborn beginning at about three weeks of age. A Family Connects visit can include:

FOR MOM



- A health check
- Talk about changes and things to expect

FOR BABY



- Weight and health check
- Support with infant feeding, crying, sleeping and swaddling
- Talk about what to expect as baby grows

FOR FAMILY



- Explore childcare options
- Home safety, parenting support and resources
- Connections to playgroups and parent support groups
- Community connections as your baby grows

Our Community Partners

The Family Connects program supports parents by connecting new moms with nurses and community resources. Our community partners include:



Public Health
Prevent. Promote. Protect.

Lincoln County
Maternal, Child & Family Health

