



invites you to attend

a FREE Parenting Class/
Support Group

Parenting Today Forward: Foundations

Albany: Starts Sept. 14th
6:00pm-8:00pm

First United Methodist Church

Sweet Home: Starts Sept. 19th
8:45am-10:45am
Freedom Hill Church

Lebanon: Starts Sept. 19th
12:00pm-2:00pm
Nazarene Church

Register:

call (541) 570-0284

text (541) 570-7415

one2another.net/register

We have an open-door policy—please join when you can!

Child Activities provided for some locations.

One2Another

1113 Hill St. Ste. K

Albany, OR 97322

Sponsored in partnership with Linn County Mental Health