

Super Sibling Class



Enjoy an entertaining and educational video produced by INJOY featuring Doctor Samuel Higabigaby along with Roo the Super Computer and several super siblings.

The video will explain to kids what their new sibling will look like, how to hold and talk to baby, what baby eats, how to be a helper, and new feelings, along with hands-on activities to help make becoming a sibling fun.

Each sibling will receive an activity book and a Super Sibling Diploma. Participants will have the opportunity to tour the labor and delivery unit at the end of the class!

When: 5-6:30pm on Feb 12th & April 8th and 1-2:30pm on June 2nd, Sept 8th and Nov 3rd.

Where: Samaritan Albany General Hospital, 1046 Sixth Ave. SE, Albany In the Reimer Building, located in the hospital parking lot.

Who: This class is for children ages 3-7 who are expecting a new baby in the family

Cost: Free

To register or to get more information

contact Maternity Care Coordinator,
Amy Bliege at 541-812-4301 or
Pollywog at 541-917-4884 or
pollywogfamily.org.



Samaritan
Health Services
samhealth.org