



# NURTURING FATHERS PROGRAM



The Nurturing Fathers Program is an evidence-based, 13-week training course designed to teach parenting and nurturing skills to fathers and father figures. Each 2-hour class provides proven, effective skills for healthy family relationships and child development.

## Essential elements of the program include:

- ✓ Nurturing our Children
- ✓ Teamwork w/ Partner/Spouse
- ✓ Improving Communication
- ✓ Teaching Nurturing Concepts
- ✓ Nurturing Ourselves
- ✓ Reflection on One's Self
- ✓ Managing Anger
- ✓ Resolving Conflict

**PLEASE REGISTER HERE**



## DAYS & TIME

Friday's  
6:00pm -8:00pm PST

Start Date: 03/22/2024  
End Date: 06/14/2024

## CONTACT US

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Oregon  
Family Support  
Network

