



Free! Make Parenting A Pleasure

VIRTUAL
Thursdays,
6-7:30
1/9 to 3/13

Do you want to stress less and have more fun as a parent? In this class, families of children birth to 10 will explore ways to Make Parenting a Pleasure. Learn how to take care of yourself during the demands of parenting and ways to talk and interact better with your family. Learn techniques for disciplining and guiding your school-aged children in a positive way. This is a FREE, “remote” learning course available to anyone with access to an internet device with a camera and microphone. Free materials.

*Information and
Registration*



Serving Families Since 1973



Linn-Benton Community College

**Parenting
Education**

ParentingSuccessNETWORK

For accommodation requests, contact Accessibility Resources (CFAR) at 541-917-4789 or accessibility@linnbenton.edu at least three business days in advance. LBCC does not discriminate based on any protected status in its programs or activities. For more information, visit linnbenton.edu/nondiscrimination.

Questions? Reach out to parentinged@linnbenton.edu or call us at 541-917-4899