

BREASTFEEDING EDUCATION CLASS

Get off to the right start

**Taught by certified
Lactation Consultant:
Emily Maize IBCLC**

**June 11th 3-5pm.
Registration Required**

Learn About:

- Anatomy of breastfeeding
- Protecting your milk supply
- How to know baby is getting enough
- Going back to work
- Much more

**This class is held at the
Corvallis Birth Center**

**Cost: \$75 a person, partners join for free.
Discounted to \$50 if on OHP**

**To Sign up, email:
emily@nestnurtureoregon.com**

