

Circle of Security™ *Parenting*



A supportive, discussion-based class that helps parents better understand their young children and build stronger connections.

In this **free** 8-week class, you'll learn to:



Strengthen your connection with your child



Understand what your child means by their behavior



Respond with confidence, even in tough moments



Support your child's security and self-esteem



Feel more confident in your parenting



It's not about being a perfect parent—it's about strengthening your relationship with your child.

Register Today

Call 541-757-8068
or email
contact@oldmillcenter.org



LOCATION

The first and last classes meet at **Heritage Hall** in Monroe. Classes 2-7 meet **online**.



WHO?

Parents and caregivers of children ages 0-6. Couples and singles welcome!



DATES

Tuesdays:
Sept. 6 -
Oct. 27



TIME

10 AM to
12 PM



COST

FREE!

Join us!

Please note class size is limited.



Old Mill Center
for Children & Families

Monroe Relief Nursery Classroom
604 Dragon Drive, Monroe
OldMillCenter.org